

Rang	Borstnr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	1074	Bierinckx	Laurent	Herenthout	M1	SEN	ACHL	32:21	18,55	03:14
2	1081	Berben	Pieter	Oudsbergen	M2	MAS+35	Maes SQM RT	32:24	18,51	03:14
3	1080	Heemskerck	Steven	Genk	M3	MAS+40	Maes SQM RT	34:27	17,41	03:26
4	1079	Wouters	Chris	Diest	M4	MAS+50	MAES SQM RT	34:47	17,24	03:28
5	1059	Schroven	Geert	Tessengerlo	M5	MAS+40	GS running	35:03	17,11	03:30
6	1168	Francart	Wouter	Outgaarden	M6	SEN	RCT	35:54	16,71	03:35
7	1109	Segers	Davy	Glabbeek (Kapellen)	M7	MAS+40	DCLA Halen	36:28	16,45	03:38
8	1077	Van Marcke	Pascal	Alken	M8	MAS+50	Maes SQM RT	36:45	16,33	03:40
9	1082	Struys	Bert	Bunsbeek	M9	MAS+35	DCLA Halen	36:47	16,31	03:40
10	1177	Stulens	Beny	Tongeren	M10	MAS+50		36:50	16,29	03:41
11	1038	Clement	Toon	Oudsbergen	M11	SEN		36:52	16,27	03:41
12	1058	Boden	Niki	Sint-Truiden	M12	MAS+35		37:49	15,86	03:46
13	1167	Slootmaekers	Sjoerd	Munsterbilzen	M13	SEN	TCM	38:13	15,70	03:49
14	1064	Vossius	Peter	Wellen	M14	MAS+40	Road Runners	38:28	15,59	03:50
15	1034	Francart	Joeri	Tienen	M15	MAS+45		39:18	15,27	03:55
16	1001	Beckers	Geert	Boekt	M16	MAS+40		39:24	15,23	03:56
17	1163	Delvaux	Kenny	Budingen	M17	MAS+35	DCLA-Halen	39:30	15,19	03:57
18	1033	Droumpouras	Dimitri	Spalbeek	M18	MAS+40	VDR bikes	39:33	15,17	03:57
19	1114	Maris	Peter	Hasselt	M19	MAS+55		39:50	15,06	03:59
20	1096	Rogiers	Kenny	Heusden-Zolder	M20	SEN		40:14	14,91	04:01
21	1061	Hammes	Jules	Mechelen	M21	SEN		40:33	14,79	04:03
22	1194	Bartholomeeusen	Eric	Sint-Lenaarts	M22	MAS+55	ACR	40:55	14,66	04:05
23	1108	Van Asselbergh	Jorden	Hasselt	M23	SEN	VACH	40:59	14,64	04:05
24	1054	Thys	Ronny	Hasselt	M24	MAS+55	Vach	41:02	14,62	04:06
25	1166	Hoskens	Benny	Tessengerlo	M25	MAS+55	Bosvrienden	41:07	14,59	04:06
26	1097	Hiemeleers	Marc	Stevoort	M26	MAS+60	Aca Alken	41:14	14,55	04:07
27	1181	Vangrieken	Mark	Heusden-Zolder	M27	MAS+45	AVT Houthalen	41:44	14,37	04:10
28	1043	Smolders	Tom		M28	SEN		41:50	14,34	04:11
29	1111	Steenput	Joris	Herk-de-Stad	M29	MAS+55	DCLA Halen	41:52	14,33	04:11
30	1117	Martens	Roel	Westerlo	M30	MAS+40		42:17	14,18	04:13
31	1139	Tielen	Robin	Heusden-Zolder	M31	MAS+40		42:41	14,05	04:16
32	1084	Driesen	Jet	Alken	V1	SEN	Aca	42:47	14,02	04:16
33	1065	Buntinx	Johan	Alken	M32	MAS+45		42:53	13,99	04:17
34	1055	Vandersmissen	Jolien	Paal	V2	SEN	DCLA-Halen	43:11	13,89	04:19
35	1049	Plevoets	Kenny	Alken	M33	MAS+40	Road Runners	43:17	13,86	04:19
36	1102	Vanrompay	Yanni	Heusden-Zolder	M34	SEN		43:27	13,80	04:20
37	1151	Neven	Rudi	Wellen	M35	MAS+55	ACA	44:09	13,59	04:24
38	1016	Vanderbiesen	Jonas	Heusden-Zolder	M36	SEN		44:19	13,54	04:25
39	1161	Vanbergen	Lieven	Halen	M37	MAS+40	DCLA-Halen	44:20	13,53	04:26
40	1156	Deprez	Marco	Diest	M38	MAS+45		44:35	13,46	04:27
41	1099	Motten	James	Tongeren	M39	MAS+35	BOLT	44:42	13,42	04:28
42	1063	Gielen	Kris	Diepenbeek	M40	SEN		44:44	13,41	04:28
43	1183	Leesen	Erwin	Hasselt	M41	MAS+50		44:49	13,39	04:28
44	1062	Sampermans	Bart	Lummen	M42	MAS+35	DCLA-Halen	44:56	13,35	04:29
45	1100	Vandermaesen	Ivo	Schaffen	M43	MAS+60	DCLA-Halen	44:57	13,34	04:29
46	1006	Gelders	Niels	Heusden-zolder	M44	SEN		44:59	13,34	04:29
47	1137	Meuwissen	Wesley	Heusden-Zolder	M45	MAS+35		45:01	13,33	04:30
48	1066	De Vis	Michiel	Kessel-Lo	M46	SEN	WTC Kaggevrienden	45:02	13,32	04:30
49	1060	Wittevrongel	Ine	Mechelen	V3	SEN		45:04	13,31	04:30
50	1068	De Vis	Jeroen	Diest	M47	SEN	DCLA-Halen	45:05	13,31	04:30
51	1164	Jans	Bart	Hasselt	M48	MAS+50	Early Birds	45:23	13,22	04:32
52	1075	Minten	Carmen	Lummen	V4	SEN	Crossfit Lummen	45:28	13,20	04:32
53	1123	Bayran	Engin		M49	SEN		45:29	13,19	04:32

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54	1095	Luts	Daniël	Engsbergen	M50	MAS+65	DCLA-Halen	45:37	13,15	04:33
55	1035	Van Slycke	Sarah	Budingen	V5	MAS+40	DCLA-Halen	45:39	13,14	04:33
56	1036	Schroven	Hilde	Ham	V6	MAS+45	GS Running	45:41	13,13	04:34
57	1057	Fillee	Ronny	Beringen	M51	MAS+50	AVT	45:43	13,12	04:34
58	1041	Bosmans	Marc	Beringen	M52	MAS+55		45:58	13,05	04:35
59	1158	Fournier	David	Heusden-Zolder	M53	SEN		46:06	13,01	04:36
60	1116	Beerten	Leen	Hasselt	V7	SEN		47:17	12,69	04:43
61	1138	Neven	Piet	Riemst	M54	MAS+65		47:21	12,67	04:44
62	1083	Hendrix	Sofie	Bunsbeek	V8	MAS+35	DCLA Halen	47:25	12,65	04:44
63	1160	Hyuseinov	Dzhoskieun	Paal	M55	SEN		47:26	12,65	04:44
64	1184	Broux	Tom	Paal	M56	MAS+35		47:27	12,64	04:44
65	1140	Coremans	Kris	Zolder	M57	MAS+40		47:34	12,61	04:45
66	1179	Vranckx	Benoit	Tessenderlo	M58	MAS+70	Tess Chemie	47:35	12,61	04:45
67	1126	Vandermaesen	Brent		M59	SEN		47:36	12,60	04:45
68	1189	Demy Henaere	Jonathan	Zolder	M60	SEN		47:53	12,53	04:47
69	1162	Vlaeyen	Bart	Koersel	M61	MAS+50		47:54	12,52	04:47
70	1187	Hellinx	Wim	Hoeselt	M62	MAS+45	HOESELT RUN	48:03	12,48	04:48
71	1122	Voes	Michiel	Antwerpen	M63	SEN		48:19	12,42	04:49
72	1020	Jaemers	Andy	Lummen	M64	MAS+35		48:28	12,38	04:50
73	1094	Vaes	Jos	Heusden-Zolder	M65	MAS+60		48:34	12,35	04:51
74	1154	Vanaken	Patrick	Diepenbeek	M66	MAS+60	Gems Joggers	48:45	12,31	04:52
75	1113	Vanderspikken	Marietje	Hasselt	V9	MAS+35		48:47	12,30	04:52
76	1178	Carolan	Phil	Hasselt	M67	MAS+35	VACH HASSELT	48:57	12,25	04:53
77	1188	Derison	Bart	Hasselt	M68	MAS+45		49:17	12,17	04:55
78	1028	Calders	Rudy	Aarschot	M69	MAS+55		49:41	12,08	04:58
79	1040	Heymans	Erwin	Kermt	M70	MAS+60	Road Runners	49:47	12,05	04:58
80	1093	Gybels	Peter	Heusden-Zolder	M71	MAS+35		49:51	12,03	04:59
81	1174	Truyers	Mario	Lummen	M72	MAS+55		49:56	12,01	04:59
82	1047	Bochenek	Jimmy	Zonhoven	M73	MAS+45		50:15	11,94	05:01
83	1192	Vankrunkelsven	Christel	Hechtel	V10	MAS+50		50:17	11,93	05:01
84	1086	Vankrunkelsven	Leen	Eksel	V11	MAS+55		50:41	11,84	05:04
85	1042	Vandenborne	Ilse	Beringen	V12	MAS+50		50:51	11,80	05:05
86	1172	Bongers	Dimitri	Genk	M74	SEN	ADD	50:54	11,79	05:05
87	1022	Broeders	Leenne	Zolder	V13	SEN		51:18	11,70	05:07
88	1175	Baus	Carlo	Wellen	M75	MAS+45	Bokkerijdersteam	51:35	11,63	05:09
89	1115	Snyers	Kris		M76	MAS+45		52:02	11,53	05:12
90	1032	Bervoets	Bart	Lummen	M77	MAS+45		52:03	11,53	05:12
91	1046	Aquilani	Demis	Heusden-Zolder	M78	MAS+40		52:08	11,51	05:12
92	1026	Goyens	Andy	Koersel	M79	SEN		52:18	11,47	05:13
93	1134	De Nies	Guy	Boekt	M80	MAS+45	Kon. LC Boekt	52:33	11,42	05:15
94	1106	Troosters	Mark	Hoeselt	M81	MAS+50	Hoeselt Run	52:47	11,37	05:16
95	1107	Castermans	Robin	Bilzen	M82	SEN		53:00	11,32	05:18
96	1110	Quentin	Peter	Heusden-Zolder	M83	MAS+40		53:07	11,30	05:18
97	1185	Verbijlen	Gust	Mol	M84	MAS+70	Nuclea	53:44	11,16	05:22
98	1050	Rogiers	Patrick	Zonhoven	M85	MAS+40		53:47	11,15	05:22
99	1069	Sutens	Tessa	Kermt	V14	SEN		54:08	11,08	05:24
100	1195	Boeckmans	Peter	Tessenderlo	M86	MAS+45		54:09	11,08	05:24
101	1005	Cupers	Gertjan	Heusden-Zolder	M87	SEN		54:23	11,03	05:26
102	1118	Moons	Lydia	Aalst, Limburg	V15	MAS+55		54:29	11,01	05:26
103	1186	Van den Eynde	Rudi	Lummen	M88	MAS+65		55:13	10,87	05:31
104	1124	D'Ardenne	Chloé		V16	MAS+50		55:19	10,84	05:31
105	1193	Hody	Vincent	Zonhoven	M89	MAS+40		55:31	10,81	05:33
106	1073	Put	Rudi	Heusden-Zolder	M90	MAS+55		55:41	10,77	05:34

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107	1180	Vanhamel	Johan	Heusden-Zolder	M91	MAS+50	Kon. Loopclubke	55:52	10,74	05:35
108	1125	Ernots	Marleen	Lummen	V17	MAS+35		55:53	10,73	05:35
109	1017	Coun	Anneleen		V18	SEN	Hoeselt Run	55:57	10,72	05:35
110	1019	Willems	Lode	Kuringen	M92	MAS+45		55:58	10,72	05:35
111	1087	Smolders	Mario	Sint-Truiden	M93	MAS+45	Speelhofrunners	56:00	10,71	05:36
112	1112	Frederix	Pieter	Lummen	M94	SEN		56:13	10,67	05:37
113	1176	De Graaf	Gorky		M95	MAS+55	Punkjoggers	56:16	10,66	05:37
114	1078	Organe	Sven	Zolder	M96	MAS+40		56:19	10,65	05:37
115	1018	Sneyers	Kurt	Lummen	M97	MAS+45		56:36	10,60	05:39
116	1103	Coenen	Kris	Wellen	M98	MAS+35	Bokkerijdersteam	56:51	10,55	05:41
117	1152	Vanluyd	Kristien	Hasselt	V19	MAS+40	Punk Joggers	56:54	10,54	05:41
118	1030	Smout	Ronald	Alken	M99	MAS+55		57:10	10,49	05:43
119	1031	Smout	Céline	Alken	V20	SEN		57:15	10,48	05:43
120	1051	De Reydt	Peter	Hasselt	M100	MAS+50		57:17	10,47	05:43
121	1002	Vrancken	Ellen	Zolder	V21	MAS+45		57:26	10,45	05:44
122	1045	Stas	Elke	Heusden-Zolder	V22	MAS+35		58:12	10,31	05:49
123	1169	Wouters	Tessa	Bolderberg	V23	SCH		58:43	10,22	05:52
124	1121	Germeys	Gert-Jan	Wellen	M101	SEN		58:54	10,18	05:53
125	1056	Immerix	Jean Pierre	Veldwezelt	M102	MAS+65		59:16	10,12	05:55
126	1197	Hermans	Steven	Zonhoven	M103	MAS+35		59:17	10,12	05:55
127	1198	Colemants	Erik	Zonhoven	M104	MAS+40		59:21	10,11	05:56
128	1015	Jans	Elias		M105	SEN		59:35	10,07	05:57
129	1025	Vanlook	Stefanie	Wijchmaal	V24	SEN		59:37	10,06	05:57
130	1024	Vanlook	Anneleen	Koersel	V25	MAS+35		59:39	10,06	05:57
131	1101	Vanderstraeten	Tom	Beringen	M106	SEN		59:50	10,03	05:59
132	1146	Gielen	John	Heusden-Zolder	M107	MAS+45		59:58	10,00	05:59
133	1147	Willems	Evi	Heusden-Zolder	V26	MAS+40		01:00:01	10,00	06:00
134	1120	Verhavert	Maarten	Heusden-Zolder	M108	MAS+35		01:00:01	9,99	06:00
135	1023	Wellens	Herman	Zolder	M109	MAS+50		01:00:26	9,93	06:02
136	1091	Meekers	Stefan	Sint-Truiden	M110	MAS+50	Speelhofrunners	01:00:27	9,92	06:02
137	1119	Coenen	Wouter	Borgloon	M111	SEN		01:01:09	9,81	06:06
138	1155	Jooken	Guy	Lummen	M112	MAS+55		01:02:10	9,65	06:13
139	1165	Wierinckx	Thomas	Heusden-Zolder	M113	SEN		01:02:33	9,59	06:15
140	1003	Tjwa	Marc	Hoegaarden	M114	MAS+45		01:03:28	9,45	06:20
141	1071	Hill	Benny	Boekt	M115	MAS+60		01:04:08	9,35	06:24
142	1089	Oyen	Katelijne	Heusden-Zolder	V27	MAS+35		01:04:13	9,34	06:25
143	1090	Put	Sofie	Lummen	V28	MAS+35		01:04:14	9,34	06:25
144	1182	Jacobs	Robby	Zonhoven	M116	MAS+40		01:04:18	9,33	06:25
145	1136	Adriaenssens	Niels	Heusden-Zolder	M117	MAS+35		01:05:27	9,17	06:32
146	1170	Goven	Lara	Heusden-Zolder	V29	SCH		01:06:28	9,03	06:38
147	1191	Jeuris	Jeroen	Hasselt	M118	SEN		01:06:29	9,02	06:38
148	1070	Saro	Tanya	Heusden-Zolder	V30	SEN		01:07:24	8,90	06:44
149	1067	Deferm	Niels	Lummen	M119	SEN		01:07:26	8,90	06:44
150	1173	Vanuytven	Maarten	Schulen	M120	SEN		01:07:28	8,89	06:44
151	1153	Eijckmans	Eric	Laakdal	M121	MAS+55		01:07:32	8,88	06:45
152	1150	Schoofs	Dimitri	Heusden-Zolder	M122	MAS+40		01:07:48	8,85	06:46
153	1142	Beerten	Jochen	Kermt	M123	MAS+35	Arni's Garage'ke	01:07:49	8,85	06:46
154	1149	Janssens	Arni	Heusden-Zolder	M124	MAS+35	Arni's Garage'ke	01:07:53	8,84	06:47
155	1144	Schepers	Kim	Stokrooie	V31	MAS+40	Arni's Garage'ke	01:07:54	8,83	06:47
156	1105	Vanherck	Lien	Stokrooie	V32	SEN		01:08:01	8,82	06:48
157	1104	Horions	Hanne	Heusden-Zolder	V33	MAS+35		01:08:04	8,81	06:48
158	1072	Verstraeten	Robby	Heusden-Zolder	M125	MAS+35		01:08:31	8,76	06:51
159	1098	Tomsin	Wim	Zolder	M126	MAS+35		01:08:32	8,75	06:51

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160	1148	Mertens	Wim	Kuringen	M127	MAS+40		01:09:25	8,64	06:56
161	1143	Rodiers	Steven	Lummen	M128	MAS+40	Arni's Garage'ke	01:09:26	8,64	06:56
162	1145	Leduc	Jochen	Kuringen	M129	MAS+35	Arni's Garage'ke	01:09:27	8,64	06:56
163	1141	Ceulemans	Philippe	Kermt	M130	MAS+35	Arni's Garage'ke	01:09:28	8,64	06:56
164	1053	Driessens	Eddy	hechtel	M131	MAS+65		01:09:42	8,61	06:58
165	1092	Pittomvils	Marie-Anne	Sint-Truiden	V34	MAS+60	ACA	01:10:08	8,55	07:00
166	1011	Schroyen	Davy	Ham	M132	MAS+35		01:17:02	7,79	07:42
167	1157	Vanbuel	Sandra	Boekt	V35	MAS+50		01:19:41	7,53	07:58
168	1159	Vangeel	Vanessa	Heusden-Zolder	V36	MAS+35		01:19:42	7,53	07:58
169	1135	Bijloos	Eline	Heusden-Zolder	V37	SEN		01:20:44	7,43	08:04