

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	906	Convents	Timothy	Halen	M1	SEN	ROBA	00:33:46	17.77	03:22
2	968	Laureys	Kenneth	Morkhoven	M2	SEN	De Dorpspomp	00:33:52	17.72	03:23
3	966	Verherstraeten	Rick	Herselt	M3	SEN		00:35:02	17.13	03:30
4	959	Zwart	Yari	Meensel-Kieze...	M4	SEN		00:35:04	17.11	03:30
5	3015	Alaerts	Nick	Balen	M5	SEN	#tikhupeneweg	00:35:50	16.74	03:35
6	927	Mans	Steve	Testelt	M6	MAS+35	ACHL	00:36:13	16.57	03:37
7	3004	De Rooy	Andy	Grobendonk	M7	MAS+45	Coyote Sports Team	00:36:14	16.56	03:37
8	994	Appelen	Jo	Langdorp	M8	MAS+45	Knoet	00:36:21	16.51	03:38
9	3010	Speltinckx	Kristof	Messelbroek	M9	MAS+45	ROBA - Resistance S...	00:36:43	16.34	03:40
10	925	Lambrechts,	Joris	Diest	M10	MAS+35	ROBA Diest	00:36:50	16.29	03:41
11	917	Delvaux	Dieter	Kessel Lo	M11	SEN		00:36:55	16.25	03:41
12	960	Pex	Nelis	Scherpenheuvel	M12	MAS+35	GLH	00:36:57	16.24	03:41
13	911	De Vis	Jeroen	Diest	M13	SEN	DCLA-Halen	00:36:58	16.23	03:41
14	3011	Trappeniers	Philip	Schaffen	M14	MAS+40	Triatlonclub Lummen	00:37:04	16.19	03:42
15	3016	Suttels	Bart	Bekkevoort	M15	MAS+35	Go Like Hell	00:37:47	15.88	03:46
16	3009	Weynants	Birger	Holsbeek	M16	MAS+40		00:37:48	15.87	03:46
17	951	Verlinden	Herwig	Messelbroek	M17	MAS+55		00:38:05	15.75	03:48
18	969	Theys	Kevin	Tienen	M18	MAS+40		00:38:06	15.75	03:48
19	935	Pauwels	Frans	Diest	M19	SEN	ROBA	00:38:07	15.74	03:48
20	936	Perdieus	Joeri	Langdorp	M20	SEN	ROBA	00:38:29	15.59	03:50
21	3008	Wouters	Chriske	Diest	M21	MAS+50	MAES SQM Running...	00:38:36	15.54	03:51
22	988	Vrijs	Frederik	Diest	M22	MAS+40		00:39:04	15.36	03:54
23	978	Swinnen	Steve	Glabbeek	M23	MAS+40		00:39:13	15.3	03:55
24	916	Dehertoghe	Olivier	Landen	M24	MAS+40	RCT Atletiek	00:39:15	15.29	03:55
25	967	Van Bael	Danny	Messelbroek	M25	MAS+50		00:39:26	15.22	03:56
26	963	Waterschoot	Eric	Lummen	M26	MAS+55	DCLA Halen	00:39:48	15.08	03:58
27	983	Vanluyten	Vicky	Boutersem	V1	SEN		00:40:55	14.66	04:05
28	979	Leeten	Jochen	Heppen	M27	SEN		00:42:02	14.27	04:12
29	999	Henderix	Kris	Testelt	M28	MAS+50	Weefbergrunners	00:42:15	14.2	04:13
30	964	De Herdt	Dimitri	Diest	M29	MAS+40		00:42:22	14.16	04:14
31	940	Smeyers	Kobe	Schaffen	M30	SCH		00:42:25	14.15	04:14
32	501	Van Vlasselaer	Benny	Schriek	M31	MAS+55	ROBA	00:42:27	14.13	04:14
33	912	De Vis	Michiel	Kessel Lo	M32	SEN	WTC Kaggevrinden	00:42:38	14.07	04:15
34	3014	Brunein	Lorenzo	Erps-Kwerps	M33	MAS+45		00:42:40	14.06	04:16
35	962	Vande Reyde	Maurits	Diest	M34	MAS+35	Stad Diest	00:43:35	13.77	04:21
36	980	Saenen	Tom	Tessengerlo	M35	MAS+45	Bosvrienden	00:43:46	13.71	04:22
37	3018	Van Os	Danièle	Holsbeek	V2	MAS+35	Sportiva Gelorde	00:43:50	13.69	04:23
38	3017	Seldeslachts	Bavo	Wezemaal	M36	MAS+45	Roba	00:43:51	13.68	04:23
39	933	Nulens	Tom	Diest	M37	MAS+40	ROBA	00:43:52	13.68	04:23
40	901	Bongaers	Wouter	Diest	M38	SEN		00:44:06	13.61	04:24
41	937	Pollet	Wim	Drieslinter	M39	MAS+45		00:44:09	13.59	04:24
42	3002	Van Slycke	Sarah	Budingen	V3	MAS+40	DCLA-Halen	00:44:15	13.56	04:25
43	919	Dewil	Bart	Diest	M40	MAS+45	ROBA	00:44:35	13.46	04:27
44	982	Vanluyten	Dirk	Boutersem	M41	MAS+55		00:44:52	13.37	04:29
45	965	Severi	Bart	Aarschot	M42	MAS+45	Aareberg	00:45:14	13.26	04:31
46	977	Van Lommel	Jelles		M43	SEN		00:45:19	13.24	04:31
47	898	Alajdi El Idrissi	El Mahdi	Dilsen-Stokkem	M44	SEN		00:45:46	13.11	04:34
48	918	Dendas	Jo	Kaggevinne	M45	MAS+45	ROBA	00:45:50	13.09	04:35
49	942	Stas	Katrien	Linkhout	V4	MAS+45	DCLA	00:46:01	13.04	04:36
50	997	Willemotte	Diederik	Diest	M46	MAS+35		00:46:27	12.92	04:38

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51	939	Smeets	Toon	Herk-de-Stad	M47	SEN	ROBA Diest	00:46:55	12.79	04:41
52	984	De Keersmaecker	Robrecht	Diest	M48	MAS+40		00:47:54	12.53	04:47
53	921	Digneffe	Chris	Dilsen-Stokkem	M49	SEN		00:47:59	12.5	04:47
54	998	Geens	Dieter	Diest	M50	MAS+40		00:48:01	12.5	04:48
55	900	Arnauts	Sander	Tienen	M51	SEN	Joggers Team Tienen	00:48:04	12.48	04:48
56	981	Calders	Rudy	Aarschot	M52	MAS+55		00:48:22	12.41	04:50
57	3003	Severens	Herman	Langdorp	M53	MAS+55	Weefbergrunners	00:48:24	12.4	04:50
58	1000	Van Looy	Kristel	Schriek	V5	MAS+50	ROBA	00:48:30	12.37	04:51
59	948	Vansimpson	Yamina	Diest	V6	SEN	ROBA Diest	00:48:43	12.32	04:52
60	953	Verstraete	Peter	Grathem (NL)	M54	MAS+50		00:48:55	12.27	04:53
61	957	Zaboli	Jasper	Diest	M55	SEN		00:48:59	12.25	04:53
62	944	Theys	Hermine	Halen	V7	MAS+40	DCLA Halen	00:49:18	12.17	04:55
63	989	Verluyten	Vera	Tessenderlo	V8	MAS+55		00:49:25	12.14	04:56
64	961	Boute	Gijs	Diest	M56	MAS+40		00:50:22	11.91	05:02
65	974	Wilmaers	Kelly	Tielt-Winge	V9	MAS+35		00:50:28	11.89	05:02
66	986	Willems	Marc	Baal	M57	MAS+55		00:50:39	11.85	05:03
67	943	Sterckx	Kristof	Tessenderlo	M58	MAS+40		00:50:52	11.8	05:05
68	991	Frederickx	Finn	Gelrode	M59	KAN	finn.frederickx@ksdie...	00:51:31	11.65	05:09
69	975	Stroobants	Herman	Leuven	M60	MAS+55		00:51:49	11.58	05:10
70	976	Van Lommel	Bram	Kaggevinne	M61	SEN		00:51:51	11.57	05:11
71	930	Mondelaers	Sam	Diest	M62	MAS+40		00:51:58	11.55	05:11
72	971	Bonroy	Eric	Diest	M63	MAS+40		00:52:23	11.45	05:14
73	915	Degeest	Sebastiaan	Diest	M64	SEN		00:52:35	11.41	05:15
74	924	Lambeir	Chris	Drieslinter	M65	MAS+50	Joggers Team Tienen	00:52:36	11.41	05:15
75	941	Smissen	Giel		M66	MAS+35	Bodystyling Diest	00:52:37	11.4	05:15
76	3005	Geleyn	Thieu	Bekkevoort	M67	MAS+40	ROBA Diest	00:52:39	11.4	05:15
77	931	Moons	Giete	Merksem	V10	SEN		00:53:23	11.24	05:20
78	990	De Wijngaert	Angélique	Messelbroek	V11	MAS+40	ROBA	00:55:17	10.85	05:31
79	993	Vandevorst	Nele	Diest	V12	MAS+35		00:55:21	10.84	05:32
80	992	Steenwegen	Florian	Messelbroek	M68	SEN		00:55:25	10.83	05:32
81	905	Collier	Roger	Diest	M69	MAS+40		00:55:34	10.8	05:33
82	904	Cabuy	Paula	Geel	V13	MAS+60		00:55:43	10.77	05:34
83	922	Goossens	Nina	Langdorp	V14	SEN		00:56:49	10.56	05:40
84	949	Verbist	Jonathan	Aarschot	M70	MAS+35	Sportiva Gelrode	00:56:50	10.56	05:41
85	929	Miseur	Manfred	Aarschot	M71	MAS+60	Sportiva Gelrode	00:56:51	10.55	05:41
86	987	Anthonis	Rudi	Tremelo	M72	MAS+60	Bowling Club Tremelo	00:57:37	10.41	05:45
87	910	De Ceusters	Robert	Diest	M73	MAS+75	Runningmates Halen	00:57:40	10.4	05:46
88	972	Frederickx	Kirsten	Averbode	V15	SEN		00:57:50	10.37	05:47
89	973	Huygens	Glen	Averbode	M74	MAS+35		00:57:54	10.36	05:47
90	950	Verherstraeten	Koenraad	Mol	M75	SEN		00:58:40	10.23	05:52
91	958	Zinnid	Jasmien	Diest	V16	MAS+45		00:59:56	10.01	05:59
92	985	Schepers	Geert	Booischoot	M76	MAS+50	Berglopers	01:00:36	9.9	06:03
93	908	Crispeyn	Katrien	Diest	V17	MAS+35		01:00:48	9.87	06:04
94	920	Dieryck	Katy	Schaffen	V18	MAS+55		01:00:53	9.85	06:05
95	913	De Wel	Greet	Molenstede	V19	MAS+55		01:01:51	9.7	06:11
96	938	Pot	Elien	Tienen	V20	SEN	Joggers Team Tienen	01:01:56	9.69	06:11
97	945	Thielens	Jimmy	Diest	M77	MAS+50		01:04:05	9.36	06:24
98	914	Debroyer	Peter	Diest	M78	MAS+60	Snelwandelen	01:08:59	8.7	06:53
99	947	Van Otten	Katrien	Diest	V21	MAS+45		01:09:20	8.65	06:56
100	932	Nelis	Thijs	Diest	M79	MAS+35		01:09:22	8.65	06:56

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101	996	Floris	Maris	Lummen	M80	PUP		01:13:48	8.13	07:22
102	995	Depauw	Melina	Lummen	V22	MAS+45		01:13:51	8.12	07:23