

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	1256	Nijs	Michiel	Kortrijk-Dutsel	M1	SEN	ROBA	00:33:57	17.67	03:23
2	1232	Zwart	Yari	Meensel-Kiez...	M2	SEN		00:34:47	17.25	03:28
3	1234	Valckx	Stefan	Keerbergen	M3	MAS+35	AVZK	00:35:31	16.89	03:33
4	1227	Lunders	Nico	Lier	M4	SEN	AVLL	00:35:37	16.85	03:33
5	1289	Coremans	Tibo	Langdorp	M5	SEN	AVZK	00:35:39	16.83	03:33
6	1025	Paglialunga	Mattias	Aarschot	M6	MAS+35	ROBA	00:35:59	16.67	03:35
7	1240	Verschoren	Senne	Heist o/d Berg	M7	SEN	Berglopers	00:36:05	16.63	03:36
8	1246	Jorissen	Roel	Tielt-Winge	M8	SEN		00:36:11	16.58	03:37
9	1221	Tavernier	Joris	Muizen	M9	SEN	AVLL	00:36:18	16.53	03:37
10	1258	Speltinckx	Kristof	Messelbroek	M10	MAS+45	ROBA	00:36:58	16.23	03:41
11	1208	Vuerinckx	Tijl	Kerkom	M11	JUN	Kamsa	00:37:17	16.09	03:43
12	1233	Wouters	Chriske	Diest	M12	MAS+50	MAES SQM Running t...	00:37:30	16	03:45
13	1212	Van Hese	Charlotte	Heist o/d Berg	V1	SEN	AVLO	00:37:34	15.97	03:45
14	1218	Milis	Nico	Begijnendijk	M13	MAS+45		00:37:46	15.89	03:46
15	1228	De Nijs	Bart	Baal	M14	MAS+55	ROBA	00:37:48	15.87	03:46
16	1224	Nicolay	Dries	Lier	M15	MAS+35	AC Lierse	00:38:11	15.71	03:49
17	1225	Thijs	Filip	Lier	M16	MAS+45	AVLL	00:38:20	15.65	03:50
18	1249	Verlinden	Herwig	Messelbroek	M17	MAS+55		00:38:52	15.44	03:53
19	1219	Verschaeren	Geert	Heist o/d Berg	M18	MAS+45	AVZK	00:38:54	15.42	03:53
20	1226	Wouters	Bart	Koningshooikt	M19	MAS+40	AVLL	00:39:04	15.36	03:54
21	1220	Vets	Jopie	Haale	M20	MAS+50	AC Lierse	00:39:09	15.33	03:54
22	1044	Van Tulder	Koen	Langdorp	M21	MAS+50	Knoet	00:39:14	15.29	03:55
23	1255	Kind	Johannes	Rotselaar	M22	MAS+50	ROBA	00:39:18	15.27	03:55
24	1251	Ceusters	Nico	Messelbroek	M23	SEN	ROBA	00:39:29	15.2	03:56
25	1281	Verstrepen	Tim	Langdorp	M24	MAS+40		00:39:31	15.18	03:57
26	1242	Verhaegen	Raf	Betekom	M25	MAS+50	ROBA	00:39:41	15.12	03:58
27	1230	Timmermans	Raig	Rotselaar	M26	SEN	raig.timmermans@gm...	00:39:48	15.08	03:58
28	1222	Van Der Hoeven	Guy	Schriek	M27	MAS+40		00:40:35	14.78	04:03
29	1274	Vanluyten	Vicky	Boutersem	V2	SEN	DCLA	00:40:39	14.76	04:03
30	1008	Van den Abeele	Olivier	Aarschot	M28	SEN		00:40:47	14.71	04:04
31	1245	Smets	Benjamin	Gelrode	M29	SEN		00:40:51	14.69	04:05
32	1032	Demarsin	Toon	Wezemaal	M30	SCH	ROBA	00:40:53	14.68	04:05
33	1299	De Wilde	Miguel	Baal	M31	MAS+45		00:41:03	14.62	04:06
34	1269	Brants	Dieter	Wilsele	M32	MAS+55	RMR Rotselaar	00:41:06	14.6	04:06
35	1279	Van Casteren	Lise	Begijnendijk	V3	SEN	ROBA	00:41:12	14.56	04:07
36	1002	Jansen	Joost	Tielt-Winge	M33	CAD	ROBA	00:41:24	14.49	04:08
37	1287	Huybrechts	Els	Leuven	V4	SEN	Icarus	00:41:26	14.48	04:08
38	1285	Meynckens	Peter	Langdorp	M34	MAS+40	TEC	00:41:46	14.37	04:10
39	1213	Deriemaecker	Ineke	Scherpenheu...	V5	SEN		00:41:52	14.33	04:11
40	1215	Deridder	Gert	Tourves	M35	MAS+60	Knoet	00:41:57	14.3	04:11
41	1247	Sterckx	Peter	Ramsel	M36	MAS+35		00:42:18	14.18	04:13
42	1211	Lenders	Frans	Itegem	M37	MAS+55		00:42:20	14.17	04:14
43	1040	Henderix	Yannis	Testelt	M38	SEN	Weefberggrunners	00:42:33	14.1	04:15
44	1252	Van den Heuvel	Sven	Ramsel	M39	MAS+40		00:42:39	14.07	04:15
45	1286	Henderix	Kris	Testelt	M40	MAS+50	Weefberggrunners	00:42:42	14.05	04:16
46	1241	Dewil	Bart	Diest	M41	MAS+45	ROBA	00:42:46	14.03	04:16
47	1253	Maes	Pieterjan	Jette	M42	MAS+35		00:42:57	13.97	04:17
48	1260	Seldeslachts	Bavo	Wezemaal	M43	MAS+45	Roba	00:43:03	13.94	04:18
49	1014	Heymans	Stefaan	Mechelen	M44	MAS+55		00:43:10	13.9	04:19
50	1039	Van Doren	Nick	Aarschot	M45	SEN		00:43:31	13.79	04:21

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51	1004	Heylen	Stef	Langdorp	M46	SEN		00:43:33	13.78	04:21
52	1257	Verlinden	Julie	Kortrijk-Dutsel	V6	SEN	Kapsalon Luc	00:43:41	13.74	04:22
53	1049	Gysemans	Siemen	Scherpenheu...	M47	SEN		00:43:42	13.73	04:22
54	1052	Knuds	Jochen	Betekom	M48	MAS+35		00:43:45	13.71	04:22
55	1300	Van de Velde	Jarno	Averbode	M49	SEN	ATB-X	00:43:57	13.65	04:23
56	1264	Witters	Patrick	Heist o/d Berg	M50	MAS+50		00:43:58	13.65	04:23
57	1293	Vermierdt	Steven	Heist o/d Berg	M51	MAS+45	Berglopers	00:43:59	13.64	04:23
58	1005	Heylen	Dieter	Leuven	M52	MAS+35	Reserven B Rotselaar	00:44:01	13.63	04:24
59	1003	Lemmens	Glenn	Rotselaar	M53	MAS+35	Sportief Rotselaar Res...	00:44:05	13.61	04:24
60	1295	Dirkx	Jannik	Tielt-Winge	M54	MAS+40		00:44:36	13.45	04:27
61	1294	Depauw	Pepijn	Aarschot	M55	CAD	ROBA	00:44:45	13.41	04:28
62	1250	Vermeulen	Jo	Wilsele	M56	MAS+45		00:44:54	13.36	04:29
63	1223	Tuffin	Benjamin	Nijlen	M57	MAS+45	Lierse	00:45:07	13.3	04:30
64	1024	Santino	André	Kessel-Lo	M58	MAS+40		00:45:15	13.26	04:31
65	1263	Deroye	Thomas	Nieuwrode	M59	SCH	ROBA	00:45:42	13.13	04:34
66	1273	Vanluyten	Dirk	Boutersem	M60	MAS+55	RCT	00:46:02	13.03	04:36
67	1001	Bories	Sten	Rotselaar	M61	MAS+35		00:46:20	12.95	04:38
68	1015	Van Rompuy	Bob	Langdorp	M62	MAS+45		00:46:30	12.9	04:39
69	1271	Weyns	Leo	Heist o/d Berg	M63	MAS+70		00:46:36	12.88	04:39
70	1297	Raeymaekers	Chantal	Holsbeek	V7	MAS+55	Kapsalon Luc	00:46:45	12.83	04:40
71	1288	Wijns	Geert	Heist o/d Berg	M64	MAS+50	Concap	00:46:51	12.81	04:41
72	1033	Discart	Jo	Betekom	M65	MAS+55	ROBA Recreanten	00:46:54	12.79	04:41
73	1243	Verrekt	Joeri	Messelbroek	M66	MAS+45		00:46:57	12.78	04:41
74	1259	Severens	Herman	Langdorp	M67	MAS+55	Kapsalon Luc	00:47:08	12.73	04:42
75	1031	Calders	Rudy	Aarschot	M68	MAS+55		00:47:15	12.7	04:43
76	1026	Naets	Ivo	Itegem	M69	MAS+60	AVZK	00:47:20	12.68	04:44
77	1034	Wouters	Frederik	Rotselaar	M70	MAS+35		00:47:29	12.64	04:44
78	1238	Heiremans	Katleen	Betekom	V8	MAS+45	ROBA	00:47:33	12.62	04:45
79	1206	Hermans	Miro	Aarschot	M71	SEN	Kamsa	00:47:39	12.59	04:45
80	1265	Merckx	Stefan	Gelrode	M72	MAS+50	Sportiva Gelrode	00:47:46	12.56	04:46
81	1267	Schoolmeesters	Bart	Wilsele	M73	MAS+55	Sportiva Gelrode	00:47:47	12.56	04:46
82	1050	Janssens	Cedric	Langdorp	M74	SEN		00:47:48	12.55	04:46
83	1013	Heymans	Filip	Duffel	M75	MAS+55	AC Duffel	00:47:57	12.51	04:47
84	1210	Ottenbourgs	Ben	Baal	M76	MAS+50	ROBA	00:47:59	12.5	04:47
85	1235	Van Bijlen	Marcel	Westerlo	M77	MAS+65	Berglopers	00:48:05	12.48	04:48
86	1280	Verhoeven	Wim	Heist o/d Berg	M78	MAS+55		00:48:10	12.46	04:49
87	1010	Vols	Thomas	Schriek	M79	SEN		00:48:32	12.36	04:51
88	1029	Tahon	Jean-Pierre	Langdorp	M80	MAS+65		00:48:50	12.29	04:53
89	1298	Geerts	Caro	Betekom	V9	SEN		00:48:59	12.25	04:53
90	1019	Vermeire	Fleur	Betekom	V10	MAS+45	ROBA recreanten	00:49:02	12.24	04:54
91	1266	Tierens	Greet	Aarschot	V11	MAS+45		00:49:07	12.22	04:54
92	1038	Michiels	Toon		M81	MAS+75		00:49:09	12.21	04:54
93	1229	Pelgrims	Nancy	Schriek	V12	MAS+55	ROBA Recreanten	00:49:26	12.14	04:56
94	1209	Smets	Veerle	Aarschot	V13	MAS+40	ROBA	00:49:41	12.08	04:58
95	1244	Smets	Filip	Gelrode	M82	MAS+50	ROBA	00:49:42	12.07	04:58
96	1018	Van Woensel	Sanne	Aarschot	V14	SEN		00:49:44	12.06	04:58
97	1231	De Greef	Jelle	Gelrode	M83	SEN		00:50:09	11.96	05:00
98	1217	Kusseneers	Luc	Rumst	M84	MAS+65		00:50:11	11.96	05:01
99	1262	Merckx	Andreas	Gelrode	M85	SCH		00:50:13	11.95	05:01
100	1278	Willems	Marc	Baal	M86	MAS+55		00:50:16	11.94	05:01

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101	1239	Weckhuysen	Serge	Betekom	M87	MAS+50	ROBA	00:50:44	11.83	05:04
102	1290	Peeters	Gustaaf	Testelt	M88	MAS+55	Oeverlopers	00:50:57	11.78	05:05
103	1028	Beynaerts	Dirk	Ramsel	M89	MAS+50	Knoet	00:50:59	11.77	05:05
104	1045	Biscop	Dirk	Rotselaar	M90	MAS+55	ROBA Recreanten	00:51:15	11.71	05:07
105	1042	Danckaerts	Wesley	Messelbroek	M91	MAS+45	Knoet	00:51:17	11.7	05:07
106	1043	Vandereyken	Peter	Aarschot	M92	MAS+40	KNOET	00:51:18	11.7	05:07
107	1205	Heiremans	Nele	Betekom	V15	SEN	Kamsa	00:51:19	11.69	05:07
108	1283	Vanstechelman	Jürgen	Langdorp	M93	MAS+40	ROBA	00:51:21	11.68	05:08
109	1261	Saenen	Johan	Heist o/d Berg	M94	MAS+55	Berglopers	00:51:43	11.6	05:10
110	1284	Van Oosterwyck	Ludo	Testelt	M95	MAS+60	Weefbergrunners	00:51:47	11.59	05:10
111	1296	Verbist	Wouter	Begijnendijk	M96	MAS+50	ROBA	00:51:49	11.58	05:10
112	1035	Van Uffelen	Tibo	Tielt-Winge	M97	SEN		00:51:56	11.55	05:11
113	1272	Van der Aerschot	Tom	Langdorp	M98	MAS+35		00:52:16	11.48	05:13
114	1277	Voeten	Björn	Keerbergen	M99	MAS+40		00:52:17	11.48	05:13
115	1202	Caems	Lowie	Aarschot	M100	JUN	Kamsa	00:52:32	11.42	05:15
116	1270	Stroobants	Herman	Leuven	M101	MAS+55		00:52:37	11.4	05:15
117	1282	Coremans	Cyriel	Aarschot	M102	MAS+75	ROBA	00:52:59	11.32	05:17
118	1027	Van Horebeek	Marc	Mol	M103	MAS+50	Psycho Chickens	00:53:24	11.24	05:20
119	1046	Nijs	Leen	Houtvenne	V16	MAS+60	ROBA Recreanten	00:53:37	11.19	05:21
120	1236	Colebunders	Eddy	Aarschot	M104	MAS+50	Knoet	00:53:44	11.17	05:22
121	1009	Laeremans	Bart	Langdorp	M105	MAS+45	Knoet	00:53:49	11.15	05:22
122	1006	Pinnoy	Dennis	Westmeerbeek	M106	MAS+40		00:53:53	11.14	05:23
123	1201	Schoolmeesters	Anne-Lies	Gelrode	V17	MAS+50	Sportiva Gelrode	00:54:01	11.11	05:24
124	1051	Torfs	Stijn	Gelrode	M107	MAS+35		00:54:26	11.02	05:26
125	1291	Swerten	Robby	Sint-Truiden	M108	SEN		00:54:58	10.92	05:29
126	1292	Dirix	Dora	Messelbroek	V18	MAS+60	ROBA Betekom	00:55:01	10.91	05:30
127	1022	Paulus	Ann	Tienen	V19	MAS+50	JTT	00:55:33	10.8	05:33
128	1276	Vanderhoeven	Stef	Holsbeek	M109	SEN		00:55:35	10.79	05:33
129	1248	Schoofs	Marie-Jea...	Rotselaar	V20	MAS+60	ROBA Recreanten	00:55:56	10.73	05:35
130	1237	Eggers	René	Baal	M110	MAS+60	ROBA Recreanten	00:56:11	10.68	05:37
131	1016	Brasseur	Hanne	Aarschot	V21	MAS+40		00:56:23	10.64	05:38
132	1023	Feyaerts	Brenda	Tienen	V22	MAS+40	JTT	00:56:41	10.59	05:40
133	1011	Petit	Aurélie	Ganshoren	V23	MAS+35		00:56:42	10.58	05:40
134	1012	Vermeulen	Patrick	Heist o/d Berg	M111	MAS+40		00:56:44	10.58	05:40
135	1030	Helsen	Jordy	Aarschot	M112	MAS+40		00:57:22	10.46	05:44
136	1037	Michiels	Dilan		M113	MAS+45		00:58:03	10.34	05:48
137	1036	Michiels	Bart		M114	MAS+50		00:58:04	10.33	05:48
138	1020	Timmermans	Sabina	Hoegaarden	V24	MAS+45	JTT	00:59:05	10.16	05:54
139	1021	Lempens	Hadewich	Tienen	V25	SEN	JTT	00:59:06	10.15	05:54
140	1216	Constans	Jean-Michel	Aarschot	M115	MAS+50	Foulée Touwaire	00:59:15	10.13	05:55
141	1047	Wuyts	Ingrid	Betekom	V26	MAS+60	ROBA recreanten	01:00:11	9.97	06:01
142	1041	Gillekens	Wouter	Mechelen	M116	SEN		01:01:14	9.8	06:07
143	1275	Vlummens	Sharona	Gelrode	V27	SEN		01:02:23	9.62	06:14
144	1017	Delabastita	Jo	Wezemaal	M117	MAS+60		01:02:24	9.62	06:14
145	1007	Stas	Ilse	Betekom	V28	MAS+45	ROBA	01:04:51	9.25	06:29